



The Montana Professional Learning Collaborative ([MTPLC](#)) and the Montana Small Schools Alliance ([MSSA](#)) are pleased to provide CharacterStrong, a transformative digital program designed to enhance Whole Child Competencies in PreK-12th grade classrooms. With a focus on character development and fostering positive educator-student relationships, CharacterStrong provides a comprehensive toolkit for educators to integrate practices seamlessly into their curriculum.

- **Purpose:** CharacterStrong is a comprehensive digital program aimed at fostering whole child competence, character development, and nurturing strong educator-student relationships.
- **Elementary Toolkit (PurposeFull People):**
 - Focuses on 10 essential traits: Courage, Respect, Responsibility, Kindness, Perseverance, Empathy, Cooperation, Creativity, Honesty, Gratitude.
 - Offers over 90 tools, lessons, and resources for each trait, supporting classroom, staff, families, and playground dynamics.
 - Provides flexibility through 3 implementation plans: flexible, daily, or weekly.
 - Organized into 5 categories for seamless integration: starters, mini activities, mindfulness practices, activity-based learning, and closers.
- **Secondary SEL Curricula (CharacterStrong):**
 - Features 35 lessons per grade level for 6-8, and 25 lessons per grade level for 9-12.
 - Requires no prep or supplies besides pen/paper, with an average delivery time of 30 minutes.
 - Emphasizes student voice and choice, with adaptable timing to meet various needs.
 - Aligned with 3 outcomes: Well-Being, Belonging, Engagement, utilizing 5 primary ingredients: Emotion Understanding & Regulation, Empathy & Compassion, Values & Purpose, Goals & Habits, and Leadership & Teamwork.
 - Each lesson includes a warm welcome, community-building activities, interactive content, a character challenge for real-life application, and optimistic closure.



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	PurposeFull People	Middle School SEL	High School SEL
Grade Range	PreK - 5	6 - 8	9 - 12
Duration & Timing	4 weeks/trait; 1-5 lessons/week; 5-45 min/lesson	35 lessons per grade level 30 minutes per lesson (with the flexibility to adapt across various time/day needs)	25 lessons per grade level 30 minutes per lesson (with the flexibility to adapt across various time/day needs)
Primary Ingredients	Courage, Respect, Responsibility, Kindness, Perseverance, Empathy, Cooperation, Creativity, Honesty, Gratitude	Emotion Understanding & Regulation: How We Feel & How We Act Empathy & Compassion: What We Understand & How We Care Values & Purpose: Who We Are & What We Do Goals & Habits: The Dreams We Have & The Actions To Get There Leadership & Teamwork: Developing Agency & Working Together	
Instructional Methods	Most frequently uses activities, games, skill practice, and discussion	Most frequently uses interactive games, activity-based learning, partner and full group discussion, writing, and skill practice	
Alignments	Montana Whole Child Skill Development Competencies		
Additional Curricula	<ul style="list-style-type: none"> -Middle School Leadership Curriculum -High School Leadership Curriculum -The CharacterStrong Gym (supplemental resources like videos, restorative practices, growth mindset tools, staff/admin/family content) -On-Demand Professional Development (adult relational practices, SEL for adults, responding to challenging behavior, MTSS, proactive classroom management) -Equity Training 		
Unique Features	<ul style="list-style-type: none"> -Professional Development to support staff readiness/buy-in -Ongoing trainings to support implementation for teams and administrators -Implementation Roadmap with evidence-based step-by-step support and resources for sustainable success 		
	<ul style="list-style-type: none"> -Toolkit model with flexible implementation plans -Integrative approach (opening/closing circles, regulation strategies to be employed as needed) -Engaging activities built for in-person and virtual -Staff and family challenges to support adult role modeling -Regularly updated content to stay relevant -Equity supports embedded into content 	<ul style="list-style-type: none"> -Student-driven lessons built in partnership with a 60-student advisory board -Engaging videos featuring students and young adult role models -Adolescent-specific content (mental health and well-being, values, sense of purpose, teamwork skills) -Challenges that move away from “role-playing” and into practical application -All content built for in-person or virtual settings 	

